



A counselor provides information but does not insert personal opinions into the conversation, remaining neutral and nonjudgmental...

--American College of Obstetricians and Gynecologists



Reflection Questions:

1. How might your personal beliefs be conveyed while discussing pregnancy options with adolescents and young adults?
2. How might this impact them and their choices, positively or negatively?

As almost 1 in 5 Title X clients are adolescents, the 2021 Final Rule highlights adolescent-friendly health services as those “that are accessible, acceptable, equitable, appropriate and effective for adolescents.”

—OPA 2021 Title X Final Rule



Reflection Questions:

1. What are some of the things that might be going through an adolescent or young adult's mind when they seek care for nondirective pregnancy options counseling? What hopes or fears might they have about the appointment?
2. What are some attributes of your clinic that an adolescent or young adult seeking counseling may benefit from? What attributes of your clinic have room for improvement?



“To the extent practical, [grantees] shall encourage family participation, but their involvement is not mandatory, and you are required to protect adolescent confidentiality.”

—OPA 2021 Title X Final Rule



Reflection Questions:

1. What are some of the ways you can discuss caregiver engagement with a patient?
2. How can you reaffirm adolescent confidentiality throughout their appointment?