

## Coding and Billing Recommendations for Counseling, Education and Ongoing Monitoring of Patients Electing to use DMPA Subcutaneously via Self-administration

DMPA (Depot-medroxyprogesterone acetate) can be administered in two equally effective ways: intramuscularly (IM) 150 mg by a medical provider or subcutaneously (-SQ or subQ) 104 mg. Clients can be prescribed and taught to self-administer the subQ form via a telehealth visit (ideally synchronous audio/video) avoiding having to come to the office/clinic or during an in-person visit. DMPA-SQ 104 is a good choice for clients who are comfortable with self-injection whether they are new to DMPA or want to switch to this delivery method. Clinicians should document the counseling services provided including the time spent with the client in order to bill and be reimbursed optimally for their services.

### Additional training resources include:

- Detailed [package insert](#) instructions
- [Bedsider.org: Depo SubQ: The do-it-yourself birth control shot](#)
- [Reproductive Health Access Project: Depo-Provera SubQ User Guide](#)
- [NFPRHA: Self-Administration of DMPA](#)

DMPA-SQ may be dispensed in the clinic, curbside or by the client’s pharmacy. Providers should include the DMPA that is dispensed onsite on the billed medical claim to ensure optimal reimbursement of services. The HCPCS code for DMPA (J1050) is per 1 mg so it is necessary to report total units based on the dosage (e.g. report 104 units if SubQ versus 150 units if IM). The billed charge should also be reported per 1 mg. It is a billing best practice to check individual payer guidance for expected codes and reporting units and review DMPA payments for accuracy. Claims with low payments for the drug should be corrected to avoid revenue loss.

### Codes for DMPA-SubQ dispensed by medical provider (in-person or curbside):

<b>Name</b>	<b>Depo Sub-Q Provera 104 (Generic name: Depo Provera)</b>
<b>NDC #</b>	<b>00009-4709-13</b>
<b>HCPCS</b>	<b>J1050 (Injection, medroxyprogesterone acetate, 1 mg)</b>
<b>Units</b>	<b>104 units</b>

### Common ICD-10 Diagnosis Codes to support the counseling, instruction and prescribing of DMPA:

<b>Z30.013</b>	<b>Initial prescription of injectable contraceptive</b>
<b>Z30.42</b>	<b>Surveillance of injectable contraceptive (includes refill prescriptions of DMPA)</b>
<b>Z30.09</b>	<b>General contraceptive management advice (includes general counseling on all methods available to the client)</b>
<b>Include other relevant ICD codes as indicated</b>	

### Common Procedure Codes to capture the counseling, instruction and prescribing of method:

<b>99202-99215</b>	<b>Office/outpatient E/M (Evaluation and Management) including counseling and instruction <i>Select E/M based on total time or medical decision making (MDM)</i></b>	<b>Add Modifier 95 (Telemedicine) if the visit is performed via audio/visual platform</b>	<b>Report location or POS “02” if service was provided as telehealth on medical claim</b>
<b>99401-404</b>	<b>Preventive medicine counseling <i>Select code based on documented time</i></b>		
<b>99441-443</b>	<b>Telephonic E/M services <i>Select code based on documented time</i></b>	<b>No modifier typically needed</b>	
<b>99421-423</b>	<b>E visit - online digital E/M services <i>Select code based on documented time</i></b>		
<b>G2010</b>	<b>Virtual check-in</b>		